



Dear Parent / Carer,

Over the next few weeks, every child will be learning about the changing body as part of their PSHE lessons.

Relationships and Health Education (including puberty) is statutory and parents **do not** have the right to withdraw their child from these lessons. However, Sex Education at Primary school is not statutory. At Knowles Primary School, we consider sex education to consist of 'human reproduction / sexual intercourse' and parents **do** have a right to withdraw their child from these lessons.

In Year Five, children will learn:

- How a girl and boy's body changes during puberty and understand the importance of looking after themselves physically and emotionally, understand that puberty is a natural process that happens to everybody and that it is ok to them.
- About menstruation and sanitary products.
- That conception is how babies are usually made.
- That sometimes people need IVF to help them have a baby.

In Year Six, children will learn:

- How boy's and girl's bodies change during puberty and understand the importance of looking after themselves physically and emotionally.
- That sexual intercourse is needed for conception to take place.
- To describe how a baby develops from conception through nine months of pregnancy, how it is born and recognise how they feel when they reflect on the development and birth of a baby.
- How being physically attracted to someone changes the nature of the relationship and what it might mean about having a boyfriend / girlfriend, understand that respect for one another is essential in a relationship, and that they should not feel pressured into doing something they do not want to.
- The importance of a positive self-esteem and what they can do to develop it, express how they feel about self-image and know how to challenge negative 'body-talk'.

If you have any questions/concerns or wish to discuss this further, please ask the office to arrange a phone call with your child's class teacher.

Thank you

Sophie Simpson

PSHE Subject Lead and Deputy Headteacher



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